



VOTE FOR YOUR FAVOURITE ROYAL & WIN!

EDWINA'S TWINS SHOCK!



SEPTEMBER 13, 2021.

New Idea



SUNRISE SHAKE-UP



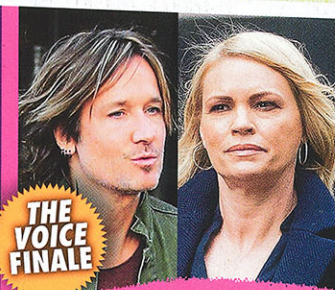
LARRY & NAT

THE SECRET IS OUT!



CAUGHT ON CAMERA!

CAMILLA KICKED OUT OF PALACE!



THE VOICE FINALE

MILLION-DOLLAR BOMBSHELL!



HOW KATE HUDSON LOST THE

COVID KILOS!



BUDGET MEALS IN A FLASH

FEED THE FAMILY FOR \$3!

AUST \$5.20, NZ \$5.50 Inc.GST



one media

Cloud Nine Cordless Iron Pro, \$595, cloudninehair.com.au

YOUR AT-HOME KIT

Kevin Murphy Ever.Lift, \$49.95, available at salons nationwide.

Spritz this volume booster on your roots and blow dry in. The heat-activated formula has Arctic root and lavender extracts for results that last beyond your wash.

It's a splurge, but this compact styler fits in your handbag to touch up your fringe whenever you need it.

If your hair is feeling a bit dryer in this harsher weather, apply a little bit of oil onto the very ends and see the glossy difference. **Damn Gina Hair Oil Highness, \$49.94, damngina.com.au**

Silver Bullet Black Velvet Round Hair Brush Small, \$26.70, beautybliss.com.au

A small-barrelled brush will help give extra lift to a shorter fringe.

fingers and rub your hair left to right while you dry. This will manipulate the hair to dry into place."

Once the roots are dry, she says you can leave the ends to air dry for a natural feel, or use a round brush to finish smoothing the ends onto your face.

CHAT TO YOUR STYLIST

While debuting a new trim can terrify some, Amanda explains that it's all about how you speak to your stylist to get the exact result you want. "Ask them to incorporate less hair into the fringe initially - this

is a non-committal way to see how the shorter lengths look against your face shape. From there you can always add more," she suggests. "And make sure you ask your stylist to show you how to dry your fringe at home!"

If you have strong cowlicks, ask for your fringe to be cut while your locks are style-free, so the hairdresser can work with the cowlicks and how your hair naturally sits. "I would recommend longer-length curtain bangs first and, once you have nailed how to style them, go in for a shorter length," says Amanda.

INSIDER NOTES

ACTRESS ADA NICODEMOU SHARES HER ESSENTIALS

HAIRCARE

I use this once a week for extra moisture for my hair. [This brand] has the best naturally derived ingredients, essential oils and proteins. **Thanks To Nature Nourish Masque, \$20, woolworths.com.au**



Ada Nicodemou



FEEL-GOOD ESSENTIAL

Exercise is a non-negotiable for me. I feel so much better when I exercise, even if it's a walk. I [also] take Nature's Way Beauty Collagen supplements daily. **Nature's Way Beauty Collagen, \$34.50, woolworths.com.au**

SKINCARE

My skin feels nice and clean after I use this - and looks brighter, too! **NEOSTRATA® Resurface Foaming Glycolic Wash, \$54.95, chemistwarehouse.com.au**



BEAUTY TREATMENT

Laser facials - they're the best way to keep my skin looking youthful.

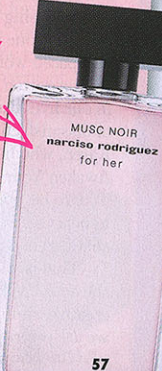


MAKEUP

I love Urban Decay's Naked Heat Palette colours, and the eyeshadow stays on all night. **Urban Decay Naked Heat Eyeshadow Palette, \$83, mecca.com.au**

FRAGRANCE

This, always! It's just the best. **Narciso Rodriguez For Her Musc Noir 100ml EDP, \$210, adorebeauty.com.au**



ALL-TIME FAVE BUY

This foundation has really great coverage and my skin feels dewy. It's so well priced. **MCoBeauty Ultra Stay Flawless Foundation, \$26, woolworths.com.au**



K! READY FOR A CHOP? HERE'S HOW TO NAIL THE PERFECT CURTAIN FRINGE