

NICOLE vs NAOMI
'SHE'S JEALOUS!'



EAT, BAKE, LOVE!
VALENTINE'S FEAST



AUSTRALIA'S NO.1 WEEKLY MAGAZINE

FEBRUARY 18, 2013
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Woman's Day

CHRISSIE SWAN
THE PHOTOS THAT
SAVED MY LIFE



ORLANDO'S
MYSTERY
BLONDE
Revealed!



ELLEN & PORTIA'S

SECRET AUSSIE HOLIDAY



MKR
MY KITCHEN RULES

BIKINI
WAR



Plus:
The truth
about us!

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Go Retro! SUPE

RACHEL WEISZ



Inspired by
Rita Hayworth.

TAYLOR SWIFT



Inspired by
Grace Kelly.

THE CLASSIC CURLS

GET THE LOOK

STEP 1 Apply a shine serum to damp locks and part hair to the side.

STEP 2 Blow-dry hair smooth using a paddle brush and lightly spritz with hairspray. This helps to lock in the curls.

STEP 3 Tong medium sections of hair, starting at the nape of your neck and working your way up. Once the whole head is curled, wait until the locks are cold then lightly brush up curls.

FRIZZ-FREE TIP Apply a shampoo and conditioner with smoothing ingredients such as silicones.

BaBylissPRO Coni Smooth Hair Straightener & Conical Curler, \$89.95.
Brushworx Styler Hair Brush, \$16.95.
Clairol Professional Satin Anti-Frizz Serum, \$19.50.



THE ELEGANT CHIGNON

GET THE LOOK

STEP 1 Work in volume mousse to dry hair. Apply heated rollers, starting at the neck. Roll curls under at the back and away from your face at the front.

STEP 2 Remove cold rollers. Brush out curls with a paddle brush, brushing hair away from your face. Pin side hair back smoothly and spray front section with hairspray to keep it in place.

STEP 3 Pin curls under at the nape to create a chignon. Finish with more hairspray.

FRIZZ-FREE TIP For a smooth wave, spray the brush with hairspray before brushing out curls.

Remington Runway Curls, \$93.95.
Sunsilk Co-creations Hold Me Forever Ultra Strong Hairspray, \$6.49.
Pantene Pro-V Style Sheer Volume Body Builder Mousse, \$6.99.



R STYLES

Right now it's all about the smooth, glamorous styles of old Hollywood... and this is how you get them

ADELE



Inspired by Brigitte Bardot.

ANNE HATHAWAY



Inspired by Mia Farrow.

THE 50s BEEHIVE

GET THE LOOK

STEP 1 Apply a styling cream. Bring fringe forward and part in the centre.
STEP 2 Starting at the crown, firmly backcomb large sections, to get height.
STEP 3 Smooth volume by gently combing with a tail comb. Gather hair at the nape and pin to create a small French roll. Finish with hairspray.
FRIZZ-FREE TIP Treat your tresses to a weekly 10-minute keratin mask.

Tigi S-Factor Smoothing Lusterizer, \$32. Not Your Mother's She's A Tease Volumizing Hairspray, \$14.95. BaBylissPRO Ceramic Plastic Tail Comb, \$4.95.



THE PIXIE CROP

GET THE LOOK

STEP 1 Mist damp hair with a sea-salt spray and blow-dry. Brush your fringe forward while blow-drying and then sweep it to the side.
STEP 2 Next, straighten sections all over the head, then apply a hair powder for a textured look.
STEP 3 Finish with hairspray and shine spray, for ultra-glossy locks.
FRIZZ-FREE TIP When you're towel-drying hair, make sure to pat your locks... don't rub them!

Remington Gelati Styler, \$24.95. L'Oréal Paris Elvive Total Repair 5 Conditioning Restoring Spray, \$6.95. VO5 Give Me Texture Instant Oomph Powder, \$7.99.



DISCOVER EVEN MORE DE-FRIZZING TIPS!

Download the free viewa app then select the Woman's Day channel and hold your smartphone or tablet over this page. See Contents page for all this week's viewas.

A GREAT MOVIE FOR ALL THE FAMILY

The director of *Muriel's Wedding*, PJ Hogan, and star Toni Collette reunite in *Mental*, an original comedy with heart. Inspired by a true story, *Mental* is sometimes confronting but always entertaining. Visit Facebook.com/TheViewingLounge. RRP \$39.95



BREAKTHROUGH IN HAIR GROWTH

évolis® – breakthrough for hair growth. Made of botanical extracts, évolis® promotes hair growth, helps reduce hair loss and helps restore the natural hair growth cycle. évolis® is the first scientifically validated hair growth product in 24 years, for men and women.



YUMMY, MOORISH, SWEET LITTLE CARAMEL CHOC BITS

They are a first to our supermarkets and brings an exciting new ingredient to our family baking moments. Now there are even more recipes for mums and their kids to try out together. These caramel bits hold their shape when baked just like all the Nestlé Choc Bits range and they have no artificial colours.



WIN \$50,000 OF KITCHEN APPLIANCES!

Best Home Chef is a community for food lovers. Upload an original recipe at besthomechef.com.au and you could WIN \$50,000 of kitchen appliances! PLUS this month *Woman's Day* readers can win an AEG oven valued at \$2999.

CHILL PILL FOR NERVOUS PETS

Pets are often subject to distressing situations such as thunderstorms, fireworks, fear of strangers, aggression or even being left alone. Canine Tranquil Formula for dogs and Feline Tranquil Formula cats contains Tryptophan and essential B group vitamins to help maintain normal emotional balance in pets. Scientifically formulated with "non-drowsy" chewable tablet technology and proudly Australian made and owned. Visit vetalogica.com.au for more information.



SUPER ABSORBENT NAPPIES

Ready when you're not. Exclusive to ALDI, Mamia Supa Fit nappies have secure leak guards and a triple layer core for faster absorption. RRP\$11.49*.

*Price per pack 19-26c per nappy.



AUTHENTIC NOODLES IN AN INSTANT

Authentic Indonesian fried noodles in an instant! With five seasoning sachets, the flavour is favoured by the world. Have them as a snack (add an egg!) or a meal with meat and vegetables, and mix it up with Satay and BBQ Chicken flavours! Visit oriental.com.au and/or call 1800 806 842



HOT ROLLER REINVENTION

An amazing new innovation. The Silver Bullet Super Pod is a celebrity in the hair world. It's never been faster and easier to heat rollers and clips at the same time. Create beautiful shine, volume and body. For stockists, visit datelinecity.com