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MARCH 2011

# madison

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HEALTH FOODS THAT MAY DO MORE HARM THAN GOOD p178

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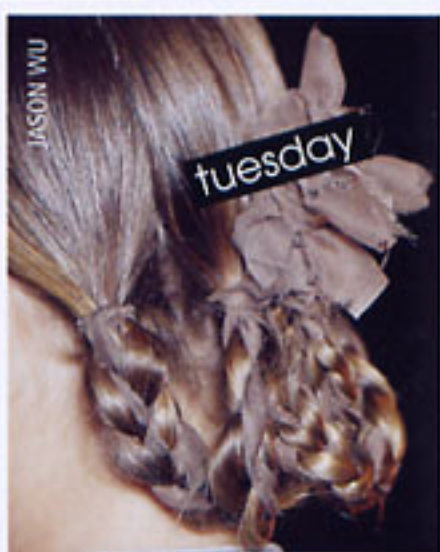
# 7 DAYS OF STYLE



ROBERTO CAVALLI

monday

**MONDAY:** Working week, day one. Take a little time to perfect your hair. We adore the locks at Roberto Cavalli, which can best be described as sleek and lustrous. Getting hair this poker-straight takes a degree of dedication. Start with a smoothing shampoo and conditioner such as 1. Keratin, \$19.95, by Brazilian Tech, 1800 251 215, and keep a strong arm for the hairdryer.



JASON WU

tuesday



GIAMBATTISTA VALLI

wednesday

**TUESDAY:** Go for a touch of detail and embrace the plait à la Jason Wu. For those with a crafty bent, work through a strip of soft chiffon. 2. Awapuhi Wild Ginger Styling Treatment Oil, \$12.95, by Paul Mitchell, 1300 365 350.

**WEDNESDAY:** Take a playful touch to a gamine cut, like the sharp hair at Giambattista Valli. Perk up this style with a touch of temporary pink highlights. Try 3. Paintbox Creative Conditioning Colour in Vendetta Red, \$16.95, by Fudge, 1300 764 437. The colour will last from three to 30 washes.

**THURSDAY:** The perfect pony at Issy Miyake. Keep any strays at bay with 4. Shine Flash 02, \$29.95, by Redken, 1300 650 170.

**FRIDAY:** By Friday it's time for a pep up. Change your part for added drama and keep hair sleek with a shot of 5. Design Pulse Zoom Force Strong Fix Spray, \$19.95, by Matrix, 1300 656 247. We love the extended fringe at Louis Vuitton.

**SATURDAY:** Come the weekend you can give your hair a mini-break and create some texture with 6. Bohemian Beach Spray, \$23.70, by David Babaii for Wildaid, 1300 357 204. For inspiration you can't go past the hair at Michael Kors.

**SUNDAY:** Last but by no means least is "rest day". Drench thirsty hair in 7. Awapuhi Moisture Mist, \$13.95, by Paul Mitchell, 1300 365 350, and slick it back with a hairband. Take a leaf from the Lanvin show.



ISSY MIYAKE

LOUIS VUITTON

thursday

friday



saturday

MICHAEL KORS



LANVIN

sunday

# hair luxe to

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**DESOTO**

Large Universal

Finger Diffuser,

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tongs

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