

# DOLLY

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# Take a

# brow

Pull up a seat at DOLLY's beauty bar where global brow expert for Benefit Cosmetics, Hilary Foote, is giving tips for fabulous brows.

A frame is used to enhance a work of art's overall appearance, making its features pop. Think of your eyebrows as the frame for the work of art that is

your face! They help give your features proportion and take your face to a new level of polished. Here's everything you need to know to get wow brows.



CAMILLA BELLE

**The brow-beater** Work with your natural fullness. Use the fullest section of your brow as your guide.



RACHEL BILSON

**The arched nemesis** An arch in the right place will give your face an instant wake-me-up.



AUDRINA PATRIDGE

**The brow-no-no** Don't tweeze your brows too thin. If you're not sure, stick to tweezing hairs way above or below the brows.

## HOW-TO

### PREP

"Use a hot washcloth, or tweeze straight after a shower," says Hilary.

### YOUR SHAPE

You can determine your best eyebrow shape with the help of a pencil.

- 1 Place it against the outer part of your nostril, pointing upwards. Your brows should start here.
- 2 Move the pencil to the inner part of your nostril, and follow a line through the centre of your iris – this shows the best arch for you.
- 3 Finally, tilt the pencil over slightly to create a line from the side of the nostril to the outer edge of your eye; this is the end of your brow.



### PLUCK

Use your fingers to lift the area slightly, then use tweezers to remove hairs, one-by-one, slowly and carefully, in the direction they're growing. Only pull out hairs that are outside your natural arch. Hilary recommends visiting a pro for your first eyebrow shaping.

### TO FINISH

Use ice to reduce the redness post-shaping.

## BROW KIT

Hilary points you in the right direction for brow gear.

### TWEEZERS

You can't tweeze what your tweezers can't grab! Try sticking to tweezing strays only. The closer you get to the brow line, the more room for error.

### BROW-BRUSH

Get a great set of tools. A top quality brow-brush will last you, and is worth every penny.

### BROW PENCIL

Use a brow pencil to fill in hairs but do it softly so they don't look drawn on.

**TRY:** 1 Maybelline New York Define-A-Brow Pencil \$13.95 2 Benefit Instant Brow Pencil \$39 3 Benefit High Brow \$39 4 Tweezerman for Benefit Brow Shaping Brush \$20 5 Cosmopolitan™ Beauty Expert Slant Tweezer \$12.95





**WHAT YOU'LL NEED**

Texturiser spray Tresemme Thermal Creations Heat Tamer Protective Spray \$9.95 Bobby pins Lady Jayne Bobby Pins from \$2.29 Hair elastic Gliders Hair Accessories Metal Free Regular Ponytail Holders \$4.45 (for four) Curling tong or ghd ConairPRO Ceramic 32mm Curling Iron \$62.95 Comb Lady Jayne Tail Comb \$3.99



# How to do a '40s chignon, **DOLLY style**

We can't get enough of this pretty 'do. Master it this weekend!

**Suits ...**  
Both curly and straight-haired girls, but works best on medium to long hair – like DOLLY reader Lily's, 16.



**Step 1**

Spray a texturiser with thermal heat protectant into freshly washed and roughly blow-dried hair. Create a side part with your comb.

**DOLLY TIP:** If your hair is a bit flat, back-comb the crown of your head by grabbing a 3cm section of hair, spraying hairspray into the roots and brushing from the mid-lengths towards your scalp to create height.



**Step 2**

With your ghd or a large-barrelled curling tong, curl your hair all over. Work on large sections of your hair, starting from the mid-lengths and curling towards the ends.

**DOLLY TIP:** Don't worry about making your curls perfect here – the aim is to give your hair a rough wave so it has some shape when you begin to pin it.



**Step 3**

Loosely sweep your hair to the nape of your neck, just below the ear, on the opposite side of your head to your part. Tie with a hair elastic. Twist 1/3 of your hair around your ponytail so you cover the elastic, then bobby pin in place.

**DOLLY TIP:** Don't tuck the hair behind the ears – just let it drape over so you can still see your earlobes.



**Step 4**

Grab sections of the rest of your ponytail (they can be any size), twist and pin in place around the ponytail, leaving the ends out. Continue until all of your ponytail is pinned up. You're aiming for a messy bun, so don't worry about the ends sticking out – it's meant to be loose and piecey.

**DOLLY TIP:** Twist hair in different directions for a crazy, pretty look.