New Idea

HOME AND AWAY: REAL-LIFE LOVE TRIANGLE!

Plus! ROYAL LOVE CHILD SCANDAL

MARY'S TRAGIC NEWS

'I'M SO ALONE'

Kirstie confesses MY AFFAIR WITH TRAVOLTA

Exclusive

STEPH RICE BREAKS HER SILENCE
Men, retirement & my big secret

JOHANNA GRIGGS & GARY SWEET

SHOCK REUNION
The former couple face their painful past

REAL-LIFE TRIUMPH
How we lost 253kg!

'HIS SURPRISING INTERVIEW
'I MISS MY KIDS'
5 beauty mistakes
ARE YOU MAKING THEM?
Common beauty blunders—and how to avoid them!

1. You use a serum after you moisturise.
   What you should be doing: Serum works best on just-washed skin. Wait two minutes, then moisturise.
   We love: L’Oreal Paris Revitalift Total Repair 10 Instant Serum (80), $39.95.

2. You use a shine spray on your fine hair.
   What you should be doing: Shine spray works best on thick hair. Instead, use a hairspray that also provides shine.
   We love: Sunsilk Co-Creations Hold Me Forever Strong Hold Hairspray (80), $6.49.

3. You use a moisturiser that contains retinol during the day.
   What you should be doing: Apply it at night. The vitamin A derivative that treats fine lines works best at night.
   We love: Neutrogena Ageless Intensives Deep Wrinkle Moisture (80), $29.99.

4. You don’t wear blush.
   What you should be doing: Your face loses that rosy glow as you age, so apply blush to the highest point of your cheekbones.
   We love: Covergirl Cheekers Blush in Rose Silk (40), $9.95.

5. You haven’t updated your hairdryer in years.
   What you should be doing: New technology will save your locks. Invest in an ionic hairdryer—it reduces frizz and locks in moisture.

Aussie beauty and L’Oreal Paris brand ambassador Megan Gale is proof a serum works wonders for your face.

It’s simple to look stunning!

NEW IDEA ROAD TEST

New Idea’s Stevie Moors puts this straightening system to the test

WHAT IS IT? Keratin Earth Hair Straightening & Smoothing System, $129.95, is a four-step DIY treatment that turns unruly tresses into soft, nourished hair for up to three months.

HOW DOES IT WORK? “You leave the product on wet hair and rinse four times while it works its magic,” Stevie says. “Then seal in the keratin by drying your hair almost completely and finish by straightening. It took 1.5 hours in total!”

VERDICT My hair is so silky! Plus it’s cut down my straightening time, relaxed my curls and reduced the frizz.

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